

A New Lease On Life:
Health for Virginians with Mental Illness

Briefing for
Health & Human Resources Subcommittee of
House Appropriations Committee

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A New Lease On Life Partners



COMMONWEALTH of VIRGINIA

Office of the Attorney General

A New Lease on Life

- In 2009, Attorney General McDonnell awarded \$1 million to VHCF as a challenge grant.
- VHCF, VCHA, VAFC, VACSB jointly issued an RFP and reviewed proposals.
- To qualify for funding , proposals had to:
 - Demonstrate **collaboration** between a free clinic or community health center, and a community service board;
 - Provide **basic mental health services to health safety net** patients; and/or
 - Provide **primary medical care** to community service board consumers with **serious mental illness (SMI)**.

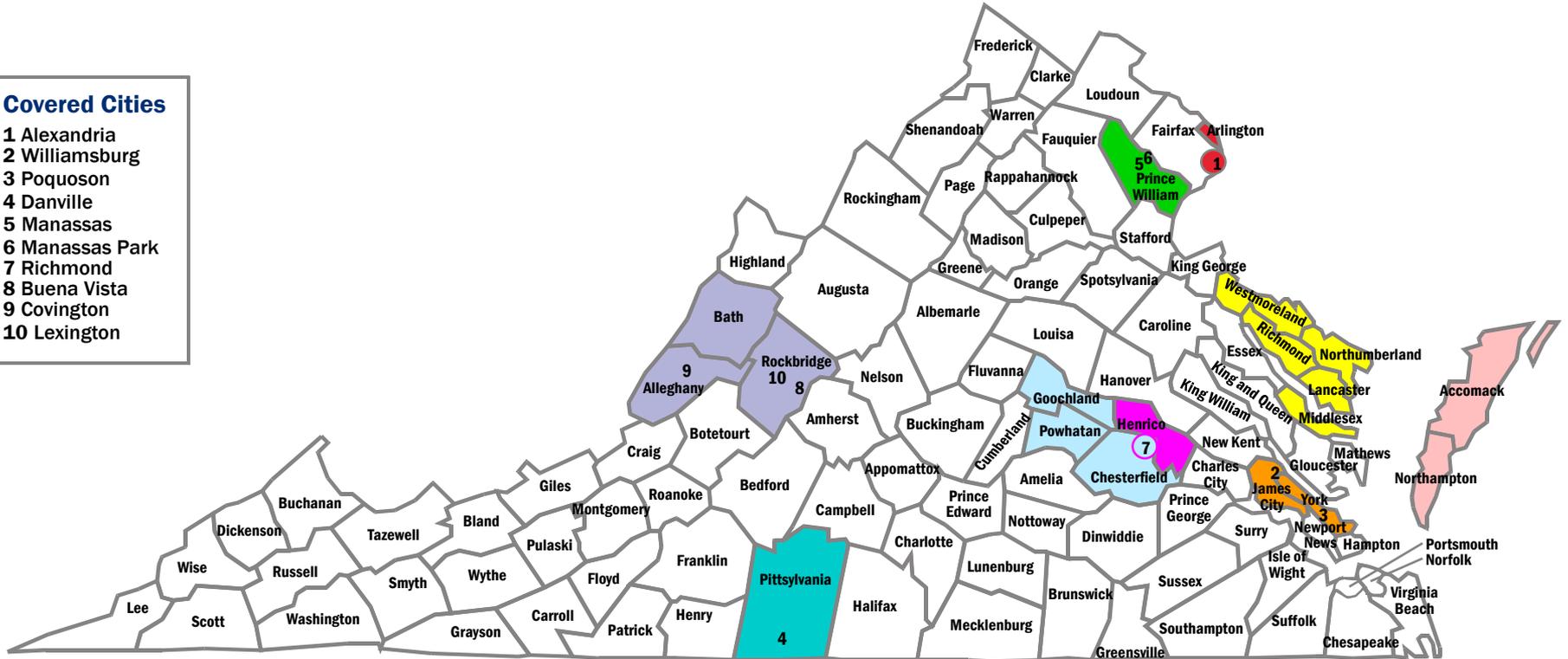
***A New Lease on Life* Grantees**

- In December 2009, VHCF awarded \$2 million dollars (*over three years*) to nine collaboratives made up of 13 CSBs, 7 free clinics, and 6 community health centers.
 - All are receiving funding to provide basic mental health services to health safety net patients
 - Two are receiving funding to also provide primary medical care to CSB consumers
 - Two are providing primary care to CSB consumers without ANLOL funding support

Location of ANLOL Grants

Covered Cities

- 1 Alexandria
- 2 Williamsburg
- 3 Poquoson
- 4 Danville
- 5 Manassas
- 6 Manassas Park
- 7 Richmond
- 8 Buena Vista
- 9 Covington
- 10 Lexington



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|---|--|
| <p>Key:</p> <ul style="list-style-type: none"> ● Alexandria Neighborhood Health Services, Inc., Alexandria CSB, and Arlington CSB ● Colonial Services Board, Lackey Free Clinic, and Olde Towne Medical Center ● Danville-Pittsylvania Community Services, Piedmont Access to Health Services, and the Free Clinic of Danville ● Eastern Shore CSB and Eastern Shore Rural Health System ● Greater Prince William Community Health Center and Prince William County CSB | <ul style="list-style-type: none"> ● Henrico Area Mental Health & Retardation Services and CrossOver Ministry ● Middle Peninsula Northern Neck CSB and Northern Neck Free Health Clinic ● Richmond Behavioral Health Authority, Chesterfield CSB, Goochland-Powhatan CSB, The Daily Planet, and Goochland Free Clinic and Family Services ● Rockbridge Area CSB, Alleghany Highlands CSB, Rockbridge Area Free Clinic, and Alleghany Highlands Free Clinic |
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Critical Elements of ANLOL

- **Behavioral health providers.** The bulk of ANLOL funding supports 18 providers (*10.32 FTE*) :
 - 5 LCSW (*2 FTE*)
 - 5 Psychiatrists (*.57 FTE*)
 - 2 MSW (*1.75 FTE*)
 - 2 Physicians (*.75 FTE*)
 - 1 Psychologist (*1 FTE*)
 - 1 Psych Nurse Practitioner (*.5 FTE*)
 - 1 Family Nurse Practitioner (*.5 FTE*)
 - 1 Nurse (*.75 FTE*)
- **Rx medicines.** Most are free via brandname pharmaceutical companies' Patient Assistance Programs.

A Snapshot After 30 Months

6263 patients

18,267 patient visits

\$6.7 million in free medicines

Improved outcomes in all programs

Good Partners

ANLOL is integration via a unique coupling of public and private human service organizations

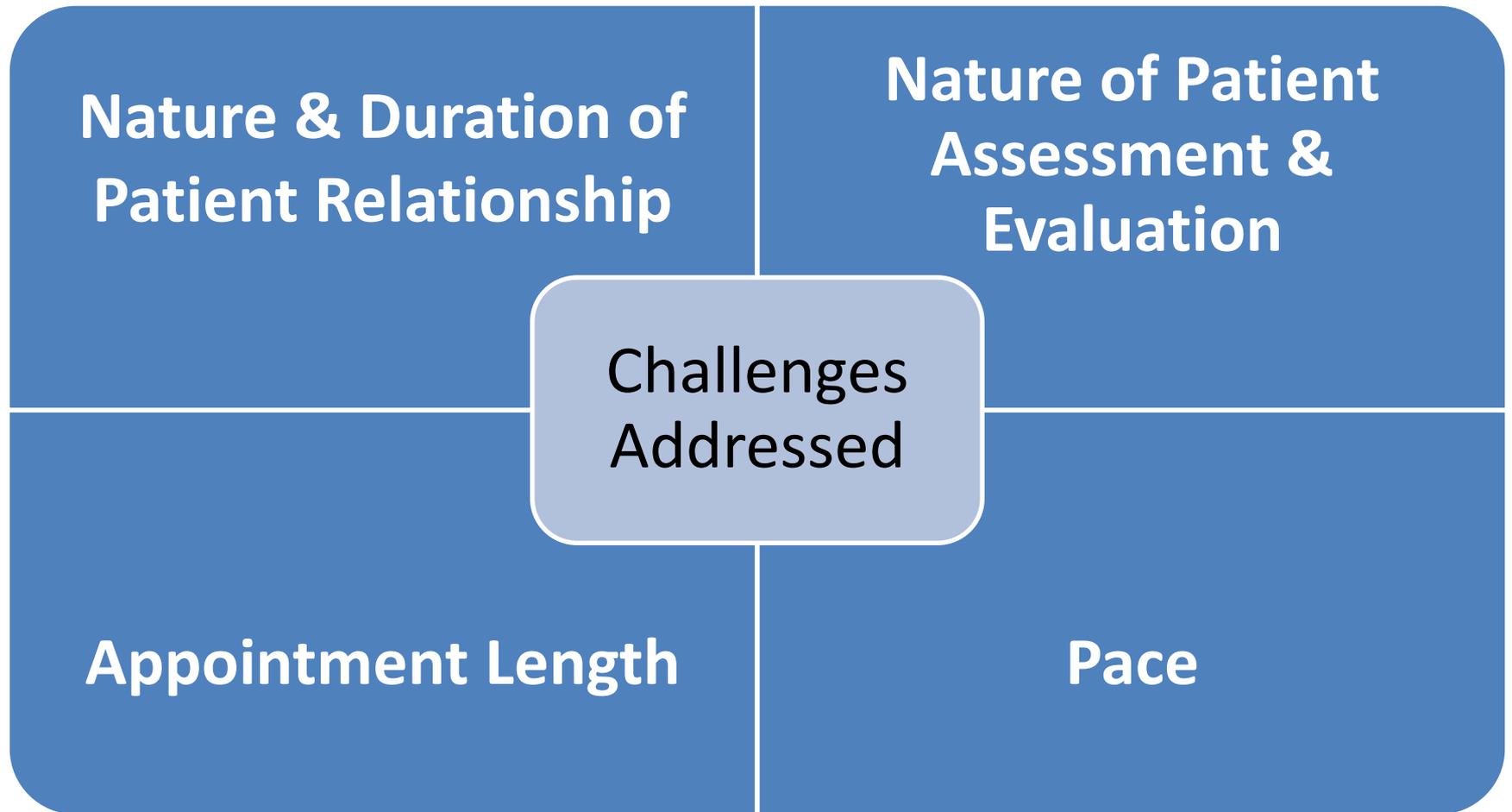


CSBs: Mental
Health
expertise



FCs/FQHCs:
Health Safety
Net expertise

CSB & HSN = Different Cultures



Other Lessons Learned

- Treatment of basic mental illnesses (*depression, anxiety*) delivers a huge return on limited dollars invested.
- Integration of care works well and neutralizes mental health stigma.
- Successful integration of services requires training, adjustment of some operational protocols, and focus.
- Integration in the delivery of mental health and primary medical services is the way of the future.

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